



Chief Mass Communication Specialist Lizandra R. Murray enlisted in the U.S. Navy in February 1998. Following recruit training at Naval Station Great Lakes, Ill., she attended Journalist “A” School at the Defense Information School on Fort Meade, Md. In December 1998, JOSN Murray was assigned to her first duty station AFN Sasebo in Japan working as a radio disk jockey, news anchor, videographer, writer and editor.

In 2000, she transferred to Agana, Guam and was stationed aboard USS Frank Cable (AS 40) where she worked as the Leading Petty Officer and editor of the ship’s paper. She made second and first class and earned her Enlisted Surface Warfare Specialist pin there before transferring in 2003.

Following her overseas tour, she went to Naval Media Center at the Anacostia Naval Annex in Washington, D.C. Working as a broadcast journalist and leading petty officer of the news department, she covered a wide range of assignments worldwide from the re-homeporting of USS Ronald Regan, to cleanup efforts following Hurricane Katrina to combat training the Seabees. During her time at the command, she was recognized as the DoD Broadcast Journalist of the Year for 2004 and 2005 in the Thomas Jefferson Awards. She was selected for Syracuse University Motion Media Program in 2006 and went to the Pentagon Channel upon graduating from the year-long program. During her tour at TPC, she worked on a variety of military shows, and interviewed many top DoD and military officials including First Lady Michelle Obama. She helped develop a new show to highlight the operations in Iraq and Afghanistan, and was the co-producer and anchor of the new program. The show earned first place in the Thomas Jefferson Awards in 2009 in the Regional Television News Program category. In 2010, she deployed as an Individual Augmentee working as the bureau chief for AFN Afghanistan at New Kabul Compound. She returned in early 2011, and seven months later transferred to her current duty station Fleet Combat Camera Pacific in the San Diego area. She immediately was put on a det to ramp up for another six-month tour in Afghanistan where she worked with Army Special Operations Forces in the southeast region. While deployed she earned her Enlisted Expeditionary Warfare Specialist and Enlisted Information Dominance Warfare Specialist designations. She was promoted to Chief Petty Officer in September 2013.

Her personal awards include the Joint Military Commendation Medal (2), Navy and Marine Corps Commendation Medal, Joint Service Achievement Medal and Navy and Marine Corps Achievement Medals (2).